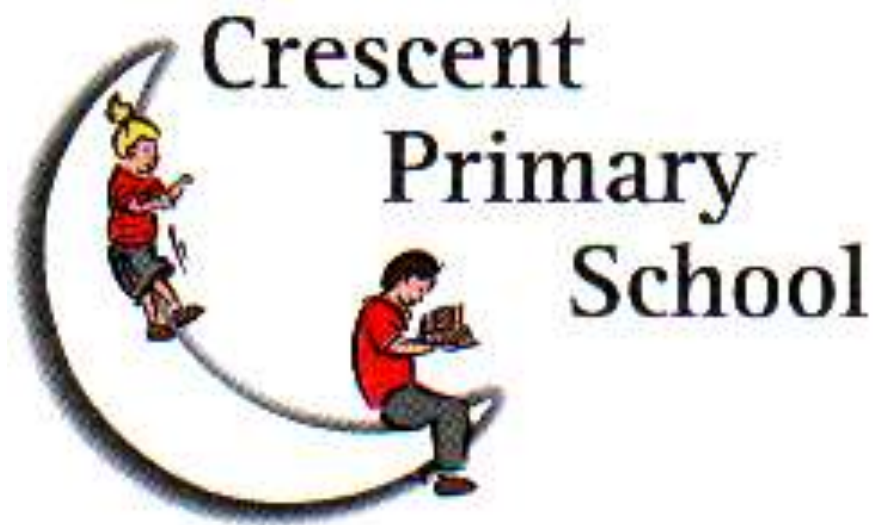


# Physical Education Policy



Approved by:

Strategic  
Development and  
Pupils Committee

Date: Autumn Term  
2025

Last reviewed on:

Autumn 2024

Next review due by:

Autumn Term 2026

Our vision is for our whole school community to achieve - Happiness, Success and Learning for life

#### Curriculum Drivers



Intent

## Physical Education Intent

At Crescent Primary School and Nursery School we teach Physical Education by meeting the requirements of the National Curriculum.

At Crescent Primary School, we are Masters of Physical Education and Sport! The intent of our PE curriculum is to educate minds, develop healthy bodies and promote positive attitudes towards lifetime physical activity, fitness and sports skills. Each student will be empowered with the knowledge and skills necessary to make responsible lifestyle choices that directly impact his/her health and wellbeing. All stakeholders recognise that PE plays an ever-increasing role in helping to ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like, determination, honesty, passion, respect, teamwork and self-belief. We encourage and promote this in a healthy, responsible and safe way utilising our 'Healthy bodies, healthy minds' curriculum driver, recognising that education is the best prevention to many issues currently faced. More importantly, our broad and balanced curriculum, supplemented by enrichment and varied extra-curricular activities, provide our children with all the tools to 'Dream Big' developing their cultural capital and carefully building their knowledge and skills. Our school community has high percentages of both disadvantaged and SEND children with a rapidly growing number of EAL children: Leaders ensure that inclusivity and accessibility are prioritised. Through our 'Crescent Values' curriculum driver, we seek to inspire our children to be effective active and positive citizens through their current learning and through aspirations in their lifelong learning and future careers.

## Physical Education Implementation

Our curriculum is taught twice weekly based around the three pillars of PE. We split these pillars into themes which are Motor Competence, Strategies and Tactics and Healthy Participation. This ensures declarative and procedural knowledge can be visited, recapped, and built upon to deepen understanding and challenge our learners. The curriculum is organised using a progressive approach. This enables our lessons to be designed for the needs of our children. It also allows for greater flexibility with cross curricular projects, e.g. cultural and historical dances. Employing cross-curricular links motivates pupils and supports them to make connections and know more and remember more. 'Creating Connections' is one of our curriculum drivers.

PE within EYFS supports all areas of development such as confidence, moving energetically and development of fine and gross motor skills.

Children develop their understanding and skills through a range of physical activities and sports. Through the PE grant funding we have invested in experienced sports coaches to provide high

quality lessons and expert subject knowledge which in turn raises confidence of school staff, when leading PE lessons.

Our lessons begin with a sharing of the learning objective and a warmup. This then leads into a skills zone followed by a game zone / application of new skill. Lessons are concluded with a cool down accompanied by a debrief. Our curriculum driver '**Healthy bodies, healthy minds**' is interwoven in all PE lessons and the vital sports values are actively encouraged by all.

Assessment is formative within lessons with the coach and teacher addressing misconceptions and providing immediate feedback. There is a high volume of modelling and scaffolding to support all learners. We celebrate our work by evidencing coverage through photos and videos on Seesaw at the end of each unit. Additionally, outside achievements are celebrated in the newsletter, on display and in celebration assembly.

The curriculum is supported and works hand in hand with the Primary PE and Sport Premium Grant that is received on a yearly basis (see document).

## **Physical Education Impact**

We encourage our children to enjoy and value their PE provision. Implementing side by side the physical aspect of PE with the Sport's values encourages a wholistic development for all. We want learners to reflect upon and appreciate the impact PE has on their learning, development and well-being ('**Healthy bodies, Healthy minds**' and '**Dream Big**' curriculum drivers). We feel the way we implement attitudes and participation in PE helps children realise its vital contribution in their next stage of education and beyond. We encourage regular discussions between staff and pupils to best embed and understand this. The way pupils showcase, share and celebrate their work will best show the impact of our curriculum. We also look for evidence through reviewing pupil's knowledge and skills digitally through Seesaw, observing learning and pupil voice. We assess through observations using the progressive skills ladders for each area of sport - making an overall judgement at the end of each academic year. A monitoring and triangulation timetable is in place to identify and rectify any issues that arise to ensure that the children receive the most effective provision.

### **To develop our pupils as physically active learners we:**

- Timetable 2 hours of PE per week.
- Follow a ladder of skills across the whole school ensuring progression is at the heart of what we teach.
- Link the expertise of our sport's coaches to our scheme ensuring each unit of work is covered within the school year.
- Allow children to master skills in isolation before applying them in small-sided games or within a sporting context.
- Ensure all children can participate by reminding parents regularly of the timetable and by providing spare kit when required.
- Teach swimming to children in year 6 in 9-week blocks to allow for maximum progression. (Aim to ensure every child can swim 25m and has basic water skills)
- Run a wide variety of extra-curricular clubs to increase the range of activities children can experience.
- Promote active and healthy lifestyles.
- Celebrate sporting achievements both at school and personal achievements from home.

- Participate in a competitive sports calendar organised by the Mansfield Sports Partnership.
- Promote Mansfield School Games Values - Teamwork, respect, honesty, determination, self-belief and passion.
- Encourage children to take on leadership roles by becoming Play Leaders.

## Equal Opportunities and Inclusion

At the school, we are committed to ensuring that all children participate in PE and physical activity irrespective of socio-economic background, gender, disability and ethnicity. We believe that all children should have an equal access to and participation in a range of physical education activities. Coaches plan their lessons as a result of discussion with the relevant teaching staff.

Equal opportunities are provided for all children including those with SEND, those who are talented or gifted and children from different cultural backgrounds.

A feeling of self-worth will be weaved throughout the activities, by focusing on personal challenges and improving their own performance within lessons.

ALL participating in PE together proves better outcomes for all.

## Curriculum Organisation

### *Nursery and Foundation Stage*

In Nursery, children have the opportunity to develop their physical skills daily within the classroom and outdoor area. They work on their fine and gross motor skills during adult led activities and within the carefully planned provision. In addition, the children experience a coach led session once a week. In Reception, children continue with a coach led session with a focus on games and dance. They also work daily on physical skills and fundamental skills of balance, co-ordination and agility. A nature detective session once a week also allows time to work on core strength.

### *Key Stage 1*

In Key Stage 1, children participate in two PE lessons a week covering all areas of activity identified in the National Curriculum. The Crescent Primary ladder of skills is covered to ensure a wide range of activities. Children have the opportunity to develop their individual skills as well as playing cooperatively with peers. During the year, children are given opportunities to participate in enhancements to the PE curriculum like sports days, festivals and intra school challenges to develop a long-lasting love of physical education.

### *Key Stage 2*

Children continue to participate in 2 PE sessions per week covering all areas of the National Curriculum. These sessions are lead by coaches and teaching staff. The structure of the lessons are:

Health and fitness, Skills, Compete/Perform and Evaluate.

In KS2, the children continue to apply and develop a broader range of skills. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve and learn how to evaluate and recognise their own and others' success.

Lessons are planned to utilise cross curricular links as well as the context of the school. The varied curriculum is designed to enable all children to enjoy physical activity and to experience success in sport. An extensive extra-curricular provision also provides further challenge and access to a range of physical activity.

### Assessment and monitoring

Teachers make informal, ongoing assessments during each unit of work completed in line with the progression of skills documents. Photos / recordings are taken and uploaded onto Seesaw.

The PE manager follows a monitoring timetable to ensure the subject is managed and remains effective.

### The Primary and PE Sports Premium

The PE and Sports funding is used to enhance the quality of Physical Education, School Sports and Physical activity across the school. We use the Evidencing the impact of Primary PE and Sports Premium document to report annually on the spending, impact and sustainability.

The five key indicators we work towards are:

- The engagement of all pupils in regular and physical activity.
- The profile of PE and Sport is raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

### Health and Safety including kit

Health and good safe practise is always emphasised in each environment including the handling of equipment. Large equipment is inspected on a regular basis. Appropriate clothing is essential to ensure safe participation.

Children are encouraged to wear the Crescent Primary School kit. (White t shirt / dark shorts or tracksuit bottoms.) In KS2 the children come to school in their PE kit. Teachers send reminders by text to parents as required. Spare kit is held on site if required. Ear-rings are removed by the child or covered with tape during sessions. All watches are removed and long hair should be tied up securely. When working indoors - if it is appropriate shoes and socks are removed. Gripper socks are permitted indoors.

Pupils are taught about the body changes that occur when they exercise along with recognition of the short and long term effects of exercise on the body. Aspects of hygiene are addressed in RSE lessons and as required.

### Photographs

Staff are aware of permissions for photographs and sharing of these on all the platforms.

### Parents and Stakeholders

Any parent wishing to read the Physical Education Policy will be directed to the school's website. The policy will be shared with the governing body and all members of staff to ensure all are clear on the expectations.

### *Useful Terms:*

*Physical Education - takes place in the school curriculum timetable.*

*School Sport - takes place as structured learning beyond the curriculum within after school clubs.*

*Physical Activity - Daily physical activity in addition to Curriculum and after school clubs. We aim for all pupils to achieve the daily 30 minutes of daily activity as outlined by the Chief Medical Officer. This is achieved through active lessons, break times and personal challenges.*