

PE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1A - Turtles	Express Gymnastics – Travelling and Linking Actions/Rolls Express – Games – Throwing and catching	Express Athletics – Running/Jumping Express - Games – Striking and hitting	Express Games – Travelling and passing with a ball Lauren Dance	Express Games – Attacking and defending/Using Space Lauren Gymnastics – Shapes and Balances Yoga	Express Athletics – Throwing Teacher Led Gymnastics – Jumps/Handstands, cartwheels and round offs	Express Athletics - Health and fitness / sports day Teacher Led Personal challenge and intra school competition
Y1B - Dolphins	Express Gymnastics - Travelling and Linking Actions/Rolls Lauren Dance	Express Athletics – Running/Jumping Lauren Gymnastics – Shapes and Balances Yoga	Express Games – Travelling and passing with a ball Express Games – Throwing and catching	Express Games – Attacking and defending/Using Space Express Games - Striking and hitting	Teacher Led Athletics – Throwing Express Gymnastics – Jumps/Handstands, cartwheels and round offs	Express Athletics - Health and fitness / sports day Teacher Led Personal challenge and intra school competition
Y2 A - Penguins	Teacher Led Games – Travelling with a ball/using Space Lauren Dance	Teacher Led Games – Throwing and catching a ball Lauren Gymnastics – Shapes and Balances - Yoga	Express Games – Striking and hitting a ball Lauren Gymnastics Travelling and Linking Actions/Rolls	Express Games – Attacking and Defending/Passing a ball Lauren Gymnastics - Jumps, Handstands, cartwheels and round offs	Express Games – Competing games with self and others Express Athletics – Jumping	Express Athletics – Sports Day Express Athletics – Throwing/Running
Y2 B - Puffins	Teacher Led Games - Travelling with a ball/using Space Lauren Dance	Teacher Led Games - Throwing and catching a ball Lauren Gymnastics – Travelling and Linking Actions/Rolls	Express Games - Striking and hitting a ball Express Athletics – Throwing/Running	Express Games – Attacking and Defending/Passing a ball Express Games – Competing games with self and others	Express Athletics - Jumping Lauren Gymnastics – Jumps, Handstands, cartwheels and round offs	Express Athletics – Sports Day Lauren Gymnastics – Shapes and Balances - Yoga
Y3A - Toucans	Express Games – Attacking and Defending/Passing a ball Teacher Led OAA	Express Athletics – Throwing/Running Teacher Led Games - Throwing and catching a ball	Express Games – Travelling with a ball/Using Lauren Dance	Express Games - Striking and Hitting a ball Lauren Gymnastics – Shapes and Balances - Yoga	Lauren Gymnastics – Travelling and linking Actions/Rolls Express Athletics – Jumping	Lauren Gymnastics – Handstand, cartwheels, round offs and jumps Express Athletics – Sports Day Practise
Y3B – Red Pandas	Express Teacher Led OAA Games – Attacking and Defending/Passing a ball	Express Athletics – Throwing/Running Teacher Led Games - Throwing and catching a ball	Express Games – Travelling with a ball/Using Space Lauren Dance	Express Games - Striking and Hitting a ball Lauren Gymnastics – Shapes and Balances - Yoga	Lauren Gymnastics – Handstand, cartwheels, round offs and jumps Express Athletics – Jumping	Lauren Gymnastics - Travelling and linking Actions/Rolls Express Athletics – Sports Day Practise
Y4A - Giraffes	Express OAA Express Games - Invasion Games - Hockey	Express Athletics – Running and throwing Express Gymnastics – Jumps and Rolls and Travelling and linking actions	Express Games – Net and Wall - Badminton Lauren Dance	Express Games – Striking and Fielding - Cricket Lauren Gymnastics – Shapes and Balances - Yoga	Express Athletics - Jumping Teacher Led Gymnastics–Vault, Handstands, cartwheels and round offs	Express Games – Intra comps (cricket, badminton, hockey) Teacher Led Athletics – Sports Day Practise
Y4B - Crocodiles	Express OAA Lauren Gymnastics – Jumps and Rolls Travelling and linking actions	Express Athletics – Running and Throwing Lauren Dance	Express Games – Net and Wall Games - Badminton Express Games - Invasion Games - Hockey	Express Games – Striking and Fielding - Cricket Express Gymnastics – Shapes and Balances - Yoga	Express Gymnastics – Vault, Handstands, cartwheels and round offs Teacher Led Athletics - Jumping	Express Athletics – Sports Day Practise Teacher Led Games – Intra comps (cricket, badminton, hockey)
Y5A - Lions	Express Athletics – Throwing and Running Express Games - Invasion Games - Basketball	Express Games – Invasion Games - Handball Express Athletics – Jumping	Teacher Led OAA Lauren Dance	Teacher Led Games - Net and wall games - Tennis Lauren Gymnastics – Shape and balance - Yoga	Lauren Gymnastics – Travelling and linking Actions/Rolls and jumps Express Athletics – Sports Day Practice	Lauren Gymnastics – Vaults/Handstands, cartwheels and roundoffs Express Intra comps Basketball, Handball, Tennis
Y5B - Cheetahs	Express Athletics – Throwing and Running Lauren Dance	Express Games - Invasion Games - Handball Lauren Gymnastics – Shapes and Balances - Yoga	Teacher Led OAA Express Games - Invasion Basketball	Teacher Led Games - Net and wall games – Tennis Express Athletics – Jumping	Lauren Gymnastics – Travelling and linking Actions/Rolls and jumps Express Athletics – Sports Day Practice	Lauren Gymnastics – Vaults/Handstands, cartwheels and roundoffs Express Intra comps Basketball, Handball, Tennis
Y6A - Panthers	Lauren Dance (Swimming)	Lauren Gymnastics – Shape and Balance - Yoga (Swimming)	Express Games - Invasion Games Football Teacher Led Swimming	Express Athletics – Throwing, Running, Jumping Teacher Led OAA	Teacher Led Gymnastics – Travelling and linking Actions/Rolls and jumps Express Games - Invasion Games - Netball	Teacher Led – Leadership in PE Express Games - Invasion Games - Rounders
Y6B - Leopards	Lauren Dance (Swimming)	Lauren Gymnastics - Shape and Balance - Yoga (Swimming)	Express Games - Invasion Games Football Teacher Led Gymnastics – Travelling and linking Actions/Rolls and jumps	Express Athletics – Throwing, Running, Jumping Teacher Led OAA	Teacher Led Athletics – Throwing, Running, Jumping Express Games - Invasion Games - Netball	Teacher Led – Leadership in PE Express Games - Invasion Games - Rounders